

DOLOMYTHS RUN CANAZEI SALOMON



DOLOMYTHS RUN – SKYRACE 15 July 2023 **RACE RULES**

Participation

In order to take part in the race every athlete must be 18 years old and posses a medical certificate of competitive fitness (B1, B2, B3. B4, B5, B6 - high cardiovascular intensity activity) for one of the following disciplines: athletics, skyrunning, mountaineering, ski touring, cross-country skiing and cycling, valid for the race day.

By taking part in the race participants confirm the willingness to accept and abide by the current race regulation and every instruction given them by the Organizing Committee.

Competitors are also required to comply with the Highway Code, particularly in parts where the track will cross ordinary viability, which will not be forbidden to vehicular traffic (ex. SR 48 - Passo Pordoi, SS242 - Loc. Pian Schiavaneis).

Course

Start: Canazei (TN) from Marconi square at 8.00 on Saturday the 15th of July 2023

Arrival: Canazei (TN) at Marconi square.

The track is organized to cover around 22 km (11km uphill, 12 km downhill) with 1750 mt of elevation gain on mountain tracks, starting and arriving in Canazei (1450 mt) and reaching Piz Boè peak (3152 mt). The track will be signaled by specific flags.

The Organizing staff will be deployed on the whole track, including start and finish line, and will be available for any need during the race.

Service staff will be wearing a high visibility vest (Yellow)*.

Each competitor has the obligation to strictly follow the path marked by flags, and to follow the instructions of the service staff and of the signs especially displayed for the competition, which shall also indicate, inter alia, any danger where maximum care is required.*

Outside of the race track, the Organization does not guarantee the safety of the athletes, taking the race place in a high mountain environment with all related danger.

In the days before the competition, each athlete is strongly invited to inspect the route in order to assess it to be fully suited to their skills and experience.

The route, classified EE ("itinerary for expert hikers") requires the ability to move on a typical high mountain land, following tracks, rough or treacherous trails (slopes with rocky outcrops or debris), parts with exposed passages, not always protected with fixed ropes.

Competitors must, therefore, strictly respect the indicated race path, avoiding shortcuts or cutting sections of the track.

The separation from the official route, in addition to implying disqualification from the order of arrival, will take place at the sole risk and danger of the competitor, any remediation or safety outside the narrow race route not being guaranteed.

The topographic map of the route, which also contains practical information such as the time barriers of the checkpoints, as well as the GPS track, will be published on the event website; competitors are invited to download and take it with during the race.

Along the way health-care points are provided at: Passo Pordoi - Forcella Pordoi - Rifugio Boè - Pian de Schiavaneis - arrival area.

Strèda de Antersies, n. 14 | 38032 Canazei (TN) | P.Iva 01612210227 | info@dolomythsrun.it | www.dolomythsrun.it



















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Mandatory equipment

- The bib (which can for no reason be modified, folded or cut), must be worn in constant view.
- Windproof jacket.
- Trail shoes with good soles.

The use of running-poles is allowed except on the pyramid of Piz Boè, stretch almost fully equipped with fixed ropes. The pick-up service has been restored at the Passo Pordoi with delivery to employees at Forcella Pordoi.

The running-poles must be delivered to the race office by 07.30 am on Saturday the 15th of July. Competitors can pick them up at Passo Pordoi for the climb and the organization will bring them back to Canazei where they can be collected.

Mandatory equipment will be checked before departure and during the race on a sample basis. Any breaches may be sanctioned with the disqualification or a 3 minutes penalty.

Time barriers

The maximum time for the completion of the race is set at 5 hours and 30 minutes.

Will be excluded from the race, the competitors who transit with a higher time from the start to:

- 2 hours and 30 minutes to pass through the Forcella Pordoi Refuge
- 3 hours and 30 minutes to pass through the Boè refuge
- 5 hours and 30 minutes to the arrival in Canazei

Every athlete who does not respect the established chronometric barrier will be excluded from the competition. After this exclusion, the athlete - if the delay was due to reasons other than physical indisposition - must return to the valley strictly following the path taken up to that time, and in any case following the directions of the security personnel.

Every athlete who does not respect the maximum time set by the gate for intervening physical and/ or health problems will be taken in charge by the Organization, which will take him back downstream. At the chronometric barrier, and at every point of the route, the Organization - at the unquestionable judgment of the health care workers in assistance - may exclude the competitor considered no longer physically able to continue the competition, even if the scheduled time gate is passed.

<u>Abandonment</u>

Every competitor who quits the race will have to communicate it to any control point showing the assigned race bib. In case the withdrawal does not require any medical intervention, the athlete will have to re-enter in autonomy along the indicated path.

With the voluntary abandonment - not following physical impediment reasons- and with the relative communication of said abandonment to the attendants on the way, all relationship of assistance from the Organization ceases. The downstream return of the athlete who has abandoned the competition for reasons other than physical problems, will therefore take place without any responsibility for the organization.

Following the competitors the route will be fully completed by the "close-track" operators who will follow the last athletes thus ensuring, at the end of the event, the absence of remaining participants engaged on the track of the competition.

Refreshments and assistance

Along the race track five refreshment points will be set up:

- Passo Pordoi (only drink)
- Forcella Pordoi
- Piz Boè

















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- Rifugio Boè (only drink)
- Pian Schiavaneis

Athletes can be assisted and refreshed at any point of the race path by their employees. The rules of respect for the environment, which provide for the collection and the downstream transport of all the material used for refreshments, with direct responsibility for every race assistant are mandatory. At the end of the race, in the arrival area, in addition to the final refreshment, there will be a massage and shower service.

The pasta party will be held at the tent in Ciuch in Canazei. At Passo Pordoi and Pian Schiavaneis transfers will be available to bring to Canazei any retreats or athletes excluded from race.

Modification or Interruption

The Organization reserves the right, at its own discretion, to modify the race course, postpone the start, temporarily suspend or permanently interrupt the race for all or part of the competitors, if there are situations that could seriously compromise the safety of athletes or persons present along the way (e.g. emergency rescue, rock fall or other).

The Organization may decide, in case of particularly difficult weather conditions, to modify or suspend the race during its development: in this case the ranking will be based on the times taken at the last check.

Environmental policy

The Organization requires all athletes to respect the environment. Competitors are asked not to throw down glasses, paper and waste of various kinds for which, at the refreshment points, there are special containers. Those who do not comply with these provisions will be given two minutes of penalty. The Organization shall not be liable for the loss/subtraction of material or personal effects left unattended before, during and after the race, at the race office or in the areas used for departure and arrival.

lmage right

With the registration, every athlete expressly authorizes the organization to use the images that portray him during his participation in the competition in question (fixed and/or in motion) free of charge. The Organization may therefore assign to its institutional and commercial partners the rights to use the images included in this Agreement. This permission to use your image must be intended to be given indefinitely and without territorial limits, for publications, various promotional films and/ or advertising use and made on any type of media.

Registration fees

Entries must be paid exclusively online via credit card through the appropriate link on the official website of the race www.dolomythsrun.it. Registrations will close on SUNDAY the 10th of JULY and in any case until reaching the maximum number allowed.

The Organization also reserves the right to increase the maximum number of members or to award wild cards even exceeding the maximum number of athletes admitted at its sole discretion.

The registration fee is € 70.00 (seventy/00) and includes:

- participation in the race and assistance
- race bib and refreshments along the route and at the end of the race
- Transfer of poles to and from Passo Pordoi
- messages
- shower service
- diploma downloadable from: www.dolomythsrun.it



















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- finishers' gadgets
- dinner at the tent in Ciuch (polenta shin mushrooms and beer)
- transfer to home or hotel near Canazei after dinner
- prize draw

The maximum number of competitors is set at 800.

Race-bib delivery

The race-bib delivery will take place in Canazei (TN) at the Marmolada Cinema on the days of:

- FRIDAY the 14th of JULY 2023 from 09:00 am to 8:00 pm
- SATURDAY the 15th of JULY 2023 from 06:00 am to 7:30 am.
- * IN CASE OF BAD WEATHER, on Friday the 14th of July 2023, the race office will make an interruption in bibs delivery from 6.15 pm and until 7:15 pm to allow technical briefing.

Technical briefing

The presentation and technical briefing of the race will be held on FRIDAY the 14th of JULY 2023 at 6.30 p.m. in the Marconi square in Canazei and in case of bad weather at the cinema Marmolada in Rome street in Canazei. Before the start of the race speakers will give information and indications on the conditions of the route and the weather at high altitude.

Awards

The first ten classified absolute male and the first ten classified absolute female will be awarded on SATURDAY the 15th JULY 2023 at 8.30 pm at the tent structure in Ciuch in Canazei where the dinner and prize draw for all he present finishers of the race will take place. For those not present at the awards there will be no prizes. There are no age category awards.

For further information or other needs, please contact the Organization at the race office.

Reimbursement of registration fees

In case of waiver of participation after regular registration, in case of cancellation of the event due to force majeure and/or by the law of the competent authorities, or for any other reason:

- in no case will the registration fee be reimbursed,
- there is no provision for the transfer of race-bibs from one competitor to another,
- the registration will not be moved to the next edition.

In the event of cancellation for reasons of force majeure or by law and/or the competent authorities, it is the Organization's sole discretion to order a partial refund. If the maximum number of members is reached well in advance of the closing date of entries, the Organization may, at its sole discretion, establish a waiting list for any cancellations.

Reclami

Any complaints must be addressed to the organization by writing to the following email:

or by registered mail to: Dolomyths Run Strèda de Antersies, n.14 – 38032 Canazei (TN).

Info and Organization contacts

Address: Strèda de Antersies, n. 14 – 38032 Canazei (TN) Website: www.dolomythsrun.it - E-mail: info@dolomythsrun.it

Facebook e Instagram: dolomythsrun



















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Notes

The original version of this document is in Italian. In the event of any inconsistency or discrepancy between the Italian version and any of the other language versions, the Italian version shall prevail.

RACE STAFF VEST



COURSE FLAG



SIGN OF DANGER

















