

DOLOMYTHS RUN 12K TRAIL RULES & REGULATIONS – 2026 EDITION

Participation

To participate in the race, athletes must be at least 18 years of age and hold a valid medical certificate for competitive sports (B1, B2, B3, B4, B5, B6 categories – high cardiovascular intensity) at the time of the event. Accepted disciplines include athletics, skyrunning, mountaineering, ski mountaineering, cross-country skiing, and cycling. By registering, participants confirm that they have read, understood, and unconditionally accept these regulations, along with any instructions provided by the Organizing Committee. All competitors must comply with the Italian Highway Code, especially where the course intersects public roads. These sections will NOT be closed to the traffic, but will be monitored by authorized personnel (fire brigade, local police, and race staff).

Course

The race starts at 7:00 a.m. from Piazz Marconi in Canazei, following a scenic route along secondary roads and trails through the villages of Alba and Penia. From there, the trail continues towards Pian Trevisan, climbing along an old military road that passes Col dal Baranchies before reaching Lago di Fedaiia, near Rifugio Cima 11. The Dolomyths Run 12K Trail covers approximately 12 km with 800 m of elevation gain (D+), from Canazei (TN) to Fedaiia, with a maximum time limit of 3 hours. The course will be marked with flags. At the start, along the course, and at the finish, Organization staff will be available for assistance. Staff will wear high-visibility vests (YELLOW). Checkpoints and assistance points will be located at various sections of the course. Participants must strictly follow the marked route. Taking shortcuts or leaving the designated trail may result in penalties or disqualification. There are no restrictions on the acceptance of participants based on their technical abilities; however, since the course includes high-altitude and ridge sections and conditions may be very challenging (darkness, cold, rain/snow, wind), thorough training, solid hiking experience, and genuine self-sufficiency are essential. It is therefore strongly recommended that participants have previously completed other mountain trail races before registering. Leaving the marked trail by more than 20 meters will result in disqualification and occurs at the athlete's own risk, given the alpine nature of the terrain. A topographic map of the course, including checkpoint locations and time barriers, as well as a GPS track, will be available on the event website. Participants are encouraged to carry them during the race.

Mandatory Equipment:

Each participant must carry the following mandatory equipment for the entire duration of the race:

- Race bib, to be worn visibly throughout the race and not altered in any way
- Valid identification document
- Trail running backpack or vest to carry all required gear
- Trail running shoes

- Survival blanket (minimum standard size)
- Food supply (energy bars, gels, etc.)
- Waterproof and windproof jacket
- Mobile phone (save the organization's emergency number, do not silence and keep caller ID visible)

There will be one refreshment point along the course, approximately halfway (around 6 km), offering drinks only – water, tea, electrolytes, and Coca-Cola. At the finish line, a full refreshment station with both food and drinks will be available. Mandatory equipment will be checked before the start and randomly during the race. Failure to comply may lead to disqualification.

Recommended Equipment:

In addition to the mandatory gear, participants are advised to carry:

- Trekking poles (if used, they must be carried for the entire race)
- Spare clothing in case of bad weather
- Sunscreen
- Vaseline or anti-chafing cream
- €20 in cash for possible purchases at mountain huts along the route

Time Limits:

There are no intermediate cut-offs along the route. However, the maximum time allowed to complete the race is 3 hours. Runners who cross the finish line after the maximum allowed time will not be included in the official results. A shuttle service provided by the Organizing Committee will take runners back to Canazei from Fedaiia.

Withdrawal:

Any athlete who decides to withdraw from the race must inform the nearest checkpoint and show their race bib. If no medical assistance is required, the runner must return independently along the marked route and use the organization's shuttle service located at the refreshment station to return to Canazei, after informing the nearest race staff. In the case of voluntary withdrawal not due to a physical impediment, and upon notifying staff along the course, the Organization's obligation to provide assistance shall cease. Upon withdrawal, participants will be asked to sign a release form at the checkpoint, where the bib will be collected by the staff.

The course will be completed by the "sweepers" staff following the last competitors, ensuring that no participants remain on the track after the event.

Emergencies:

In case of need or emergency, in addition to the race staff stationed along the course or at the refreshment station, the area managers can be contacted at the following numbers:

- Diego Salvador – +39 347 7203652
- Gianni Rasom – +39 335 356605

Carrying a mobile phone is mandatory, so that participants can be contacted at any time. Each race pack will include detailed emergency instructions, contacts, and a course map with the race director's phone number, outlining what to do in case of difficulty or to assist another participant.

Refreshments and Assistance:

A single water station will be available during the race at Pian Trevisan, approximately 6 km from the start. Runners may also receive assistance from their own support crews at any point along the course. All participants and support teams are required to respect the environment: any waste generated during aid or assistance must be carried back to the valley for proper disposal. Each crew member is personally responsible for ensuring that no litter is left on the course. Every athlete must carry the necessary equipment to be self-sufficient from start to finish. It is forbidden to be accompanied or assisted during the race by anyone not officially registered as a participant. After the race, a Pasta Party will be held in the dedicated event tent at the Canazei park.

Course Modifications or Interruption:

At its sole discretion, the Organizing Committee reserves the right to modify the route, delay the start, or temporarily or permanently suspend the race, for all or part of the participants, should conditions arise that could seriously endanger the safety of athletes or anyone present along the course (e.g., rescue operations, rockfalls, or other hazards). In the event of severe weather conditions, the organization may decide to suspend the race while in progress. In such cases, the final ranking will be determined according to the latest checkpoint reached by each athlete.

Environmental Policy:

The Organizing Committee requests that all participants show the highest respect for the natural environment. Littering of any kind (cups, paper, wrappers, etc.) is strictly prohibited. Dedicated bins will be available at the refreshment stations. Runners found littering will receive a two-minute time penalty. The organization is not responsible for the loss or theft of personal belongings or equipment left unattended before, during, or after the race, at the race office, or in the start/finish areas.

Image Rights:

By registering, each athlete expressly authorizes the Organizing Committee to freely use any images — still or moving — depicting them during participation in the event.

The organization may share these images with its institutional and commercial partners for promotional and communication purposes. This authorization is granted without time limits or territorial restrictions and

includes the use of the athlete's image in promotional and/or advertising publications and videos on any type of media.

Awards Ceremony:

The technical briefing and race presentation will take place on Friday 10th of July 2026 at 6:30 p.m. in Piazz Marconi, Canazei. The organization staff will provide further updates on course and weather conditions in the moments leading up to the start.

Prizes will be awarded to the top five overall men and top five overall women. A special category will also recognize the top five men and top five women aged 18–23 on race day.

The awards ceremony will be held on Saturday 11th of July 2026 at 6:30 p.m. in Piazz Marconi, Canazei. Athletes who will not be present at the ceremony will not receive prizes.

For additional information or special requests, please contact the Organizing Committee at the race office.

Entry Fees:

The registration fee is €35.00 until the 30th of June 2026, and €40.00 from the 1st of July 2026. It will also be possible to register on race day at the race office, near the start area in Canazei.

The entry fee includes all services described in these regulations: rescue assistance, refreshment stations, race pack, shower facilities, massage service, and Pasta party at the end of the race. It also includes return transport to Canazei from Passo Fedaia by shuttle.

Registrations must be submitted online only, with payment by credit card via the official website www.dolomythsrun.it. Registrations close on the 5th of July 2026. After this date, it will be possible to register in person at the race office (Canazei town hall, Piazz Marconi). The organization reserves the right to increase the maximum number of participants or to grant wild cards at its sole discretion.

Bib collection will take place exclusively in Canazei (TN), at the town hall council room, on Friday the 10th of July 2026 from 10:00 a.m. to 7:00 p.m. and on Saturday the 11th of July 2026 from 5:30 a.m. to 6:30 a.m.

Entry Fee Refunds:

In case of withdrawal or non-participation for any reason:

- The registration fee will not be refunded under any circumstances.
- Race bibs are non-transferable.
- Registrations cannot be deferred to the following year.

If the event is canceled due to force majeure or by order of the authorities, the Organizing Committee may, at its sole discretion, issue a partial refund. If the maximum number of participants is reached before the closing date, the organization may open a waiting list at its discretion.

Complaints:

Any official complaint must be submitted in writing to info@dolomythsrun.it or by registered mail to Stréda de Antersies 14 – 38032 Canazei (TN), Italy.

Information and Contacts:

Address: Stréda de Antersies, n. 14 – 38032 Canazei (TN), Italy

Website: www.dolomythsrun.it – Facebook: dolomythsrun – Instagram: dolomythsrun

E-mail: info@dolomythsrun.it

Language Clause:

The original version of these regulations is written in Italian. In the event of discrepancies or inconsistencies between the Italian and any translated version, the Italian version shall prevail.

OFFICIAL RACE STAFF VEST



COURSE FLAG



HAZARD SIGN

