

DOLOMYTHS RUN FASSA TRAIL RULES 2025

Participation

In order to take part in the competition, the athlete must be at least 18 years old, and must possess medical certificate of fitness for competitive sports (B1, B2, B3, B4, B5, B6 - cardiovascular intensive activity) valid at the time of the competition for the following disciplines: athletics, skyrunning, mountaineering, ski mountaineering, cross-country skiing and cycling. Participation implies express and unreserved acceptance of these rules and regulations in their entirety, and acceptance of all instructions addressed to participants by the organization. Competitors are also obliged to comply with the Highway Code, particularly in sections where the route crosses ordinary roads, which will NOT be closed to vehicular traffic (e.g. SS 641 Passo Fedaia - SS 48 Passo Pordoi, - SS 242 Pian Schiavaneis).

Route

The event starts from the center of Canazei (Piaz Marconi) at 07.15 on Saturday 19 July 2025, following secondary roads and paths, it reaches the villages of Alba and Penia; from here it continues towards the locality of Pian Trevisan and following the old war road, it passes through the locality of "col da baranchie" to reach the locality of Lake Fedaia. The route skirts the dam and the old road connecting the provinces of Trento and Belluno to reach Padon. From here, it goes all the way along the Viel dal Pan, for a good stretch along the ridge, until it reaches the Pordoi Pass. The track continues downhill as far as Lupo Bianco (Pian Frataces) and then ascends along the road that once served as a link between the provinces of Trento and Bolzano until it reaches Col Rodella. From here, the descent begins towards the finish line, located in Piaz Marconi in Canazei, after having covered approximately 43 kilometers and 2300 meters of positive altitude difference.

The race will take place in a single stage, at free speed and within a time limit.

In particular:

– Dolomyths Fassa Trail (hereafter also 'TRAIL'): approx. 43.0 km over 2,300 meters D+, with departure and arrival in Piaz Marconi in Canazei (TN), in semi-self-sufficiency, in a time 10-hour limit.

The route will be marked with appropriate flags. At the start, finish and along the entire route organization personnel will be deployed to whom one can refer in case of need. The service personnel wears a high-visibility waistcoat (YELLOW). All along the route there will be posts of control and assistance. It is obligatory to follow the signposted route, under penalty of sanctions or the disqualification. Route requiring the ability to move over difficult or treacherous terrain, tracks or paths (slopes with outcrops rocky or debris), with exposed and/or protected passages with fixed ropes'.

There are no limitations on the acceptance of competitors in relation to their abilities technical, however since the route includes passages at altitude and on the ridge and the conditions can be very difficult (darkness, cold, rain/snow, wind), careful training, a good hiking experience and a

real capacity for personal autonomy are indispensable.

Before registering, it is therefore strongly recommended to have already participated in other trails in mountain environment.

Competitors must strictly respect the marked race route, avoiding taking shortcuts or cutting sections of the course. Any departure from the marked race route (max. 20 m from the flags), as well as entailing disqualification from the order of finish, will be at the sole risk of the competitor, given the high mountainous nature of the places concerned. The topographical map of the route, also containing practical information as well as the location of the checkpoint barriers, as well as the GPS track will be published on the website of the event and competitors are invited to take them with them during the rehearsal.

Mandatory equipment

- Bib (large bib in front - small on the backpack) must be worn visibly for the duration of the race and may not be altered in any way
- Identity document
- Trail rucksack for storing compulsory equipment
- Trail shoes
- Water bottle/camel bag with at least 1-liter water reserve
- First aid set
- Thermal survival tarp min
- Whistle
- Food reserve (bars-gel-etc.)
- Waterproof windproof jacket
- Long running trousers
- Gloves and cap
- Collapsible glass (the organization will NOT provide plastic cups at refreshment stations)
- Mobile phone (enter organization number in case of need, do not mute, do not mask number).
- Always carry the chip/transponder that the organization will provide

The compulsory equipment will be checked before the start and afterwards on a random basis. Any violations will be sanctioned by disqualification of the competitor.

Optional and recommended equipment

In addition to the above-mentioned compulsory equipment, the organization advises athletes to bring with them:

- trekking poles (those who wish to use poles must keep them with them throughout the running time)
- spare clothing in case of bad weather
- Sunscreen
- Vaseline or cream for abrasions
- 20€ to be used in the case of consumption at the refuges along the route.

Chronometric barriers

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There are time barriers, so-called 'gates'. These barriers are calculated for allow participants to reach the finish line within the maximum time allowed, while still any stops (rest, meals, etc.). In order to be authorized to continue the test, competitors must leave the checkpoint before the set time limit. In particular:

– Start at 07.15 hrs., maximum time for completion is 10 hours.

In any case, competitors who pass with a time 2 hours and 30 minutes longer from the start at Passo Fedaiia - 5.30 hours at Passo Pordoi - 9 hours at Col Rodella will be excluded.

Any athlete who does not respect the time barrier set will be excluded from the competition.

Following such exclusion, the athlete - if the delay was due to reasons other than physical indisposition - will have to return to the valley strictly following the route followed up to that moment, and in any case following the instructions of the safety officers. The athlete who does not respects the maximum time set by the gate due to intervening physical and/or health problems, he will be taken over by the organization, which will see to his return to the valley.

At the time barrier and at any point of the course, the organization – at the sole discretion of the medical staff in attendance – may exclude any competitor deemed no longer physically able to continue the competition, even if they have passed the envisaged gate.

Abandonment

A competitor who withdraws from the race must compulsorily report this to any control point by showing the bib assigned. In the event of withdrawal, no medical intervention is required, the athlete must return independently along the marked route by joining the organization's shuttles at the refreshment posts, which ensure the return to Canazei only (TN), alerting the officers present at the nearest checkpoint. With voluntary abandonment and not as a result of physical impediment and with the communication of said abandonment to the officials on the course, any relationship of assistance on the part of the organization ceases in any case. The return to the valley of the athlete who has abandoned the competition not due to any physical impediment, will therefore take place without any liability for the organization. At the moment of abandonment of the race the athlete must communicate this to the nearest control post where a release form will be signed and the person in charge will collect the bib and chip/transponder

At the rear of the competitors, the course will be fully completed by the 'track-closing' officials who will follow the last athletes, thus ensuring, when the event is over, the absence of participants still competing on the competition course.

Emergencies

In case of need and emergencies, in addition to the organization's staff present along the route or at the refreshment points, area managers can be contacted at the contact details:

– Diego Salvador +39 347 7203652

– Gianni Rasom +39 335 356605

It is mandatory to have a mobile phone with you so that you can be contacted at any time.

In the race packet, which will be handed out to each athlete, there will be all the indications on who to call and what to do in the event of one's own or another athlete's difficulties, and there will also be a map of the route with the number of the race leader.

Refreshments and assistance

The following refreshment points will be set up along the race route where liquid (e.g. water, coke, salts) and solid (e.g. gels, bars, biscuits) supplies available to athletes, bread, dried fruit, fresh fruit). The refreshment areas will be 3, and more specifically in:

- Passo Fedaia 12.000 km race
- Passo Pordoi 25.500 km race
- Col Rodella 35.900 km race

In the event of abnormal temperatures (too hot), the organization will arrange additional “water points”.

Food (where provided) and beverages must be consumed on site, in the delimited area of the refreshment point where NO plastic cups will be present. Each athlete may replenish their camel-bag or water bottle with water and supplements provided by the organization. At each refreshment post there will be containers for the collection of waste, which must be used by the athletes.

In order to avoid gatherings at the predetermined refreshment points, all athletes may still be assisted and refreshed at any point along the race routes by their own helpers. The rules of respect for the environment are also imperative, which provide for the collection and transport downstream of all material used for refreshments, with direct responsibility on the part of each race assistant. Each athlete must carry the necessary equipment to be self-sufficient in the sections between one refreshment post and the next; it is prohibited to be accompanied or assisted for part or all of the run by persons not registered for the race.

At the end of the race, shower facilities, massages and a pasta party will be available in the finish area, marquee set up for the occasion at the Canazei park.

Modification or Discontinuation

The organization reserves the right, at its sole discretion, to modify the routes, postpone the start, temporarily suspend or definitively stop races for all or part of the competitors, if there are situations that could seriously jeopardize the safety of the athletes or people along the route (e.g. helicopter rescue operations, rock falls, etc.). The organizers may decide, in the event of particularly difficult weather conditions, to suspend the race during its running: in this case, the classification will be based on the passages made at the last control.

Environmental policy

The organization asks all athletes to respect the environment. Competitors are asked not to throw glasses, paper and waste of various kinds on the ground, for which there are special containers at the refreshment posts. Those who do not respect these provisions will be given a two-minute penalty.

The organization is not liable for the loss/stolen material or personal effects left unattended before, during and after the race, at the race office or in the start and finish areas.

Image right

By registering, the athlete expressly authorizes the organization to use, free of charge, the images, still and/or moving, that portray him/her during his/her participation in the competition in

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question. The organization may therefore assign to its institutional and commercial partners the rights to use the image provided for in this agreement. This authorization to use one's image shall be understood to be granted for an indefinite period of time and without territorial limits, for use in various promotional and/or advertising publications and films made on all types of media.

Awards

The presentation and technical briefing of the race will be held on FRIDAY 18 JULY 2025 at 18.30 in Piazz Marconi in Canazei. Further information on the route situation will be given in the moments before the start.

Prizes will be awarded to the first ten male and first ten female overall finishers women. The prize-giving ceremony will be held on SATURDAY 19 JULY 2025 from 6.30 p.m. in Piazz Marconi in Canazei. For those not present at the prize-giving ceremony, no prizes will be awarded. There are no age category prizes. For further information or any other requirements, please contact the organization at the competition office.

Entry fees

The registration fee for the race is € 60.00 (sixty) until 30/06/2025 and € 65.00 (sixty-five) after 01/07/2025. It will also be possible to register on race day at tender office. The registration payment includes what is described in these regulations, the rescue, refreshments at the refreshment stations, race package, shower service, massages and pasta party at the end of the race.

In addition, possible return transports to Canazei in case of withdrawal from Passo Fedaia, Passo Pordoi, Lupo bianco and Col Rodella.

Registrations must be made exclusively online with payment by credit card via the appropriate link on the official competition website www.dolomythsrun.it. Registrations will close on 10 JULY 2025.

The organization also reserves the right to increase the maximum number of entrants or to allocate wild cards even in excess of the maximum number of athletes admitted exclusively discretion.

The bib delivery will take place exclusively in Canazei (TN) at the council hall of the municipality of Canazei from 10 a.m. until 7 p.m. on FRIDAY 18 JULY 2025 and on race day SATURDAY 20 JULY 2025 starting at 05.30 and ending at 07.00 p.m.

Refund of registration fees

In the event of withdrawal from participation after regular registration, or for any other reason: - there is no refund of the registration fee under any circumstances,

- there is no transfer of bib numbers from one competitor to another,
- there is no postponement of registration to the next edition.

In the event of cancellation for reasons of force majeure or by provision of law and/or of the competent authorities, it is in any case at the sole discretion of the organization to provide a partial refund. Should the maximum number of entrants be reached well in advance of the closing date for entries, it is at the sole discretion of the organization to set up a waiting list for possible cancellations.

Complaints

Any complaints must be made to the organization in writing to the following address:
info@dolomythsrn.it or by registered mail to Stréda de Antersies n. 14 - 38032 Canazei (TN).

Info and contacts

Address: Stréda de Antersies, n. 14 – 38032 Canazei (TN)

Website: www.dolomythsrn.it – Facebook: dolomythsrn – Instagram: dolomythsrn

E-mail: info@dolomythsrn.it

The original version of this document is in Italian. In the event of any inconsistency or discrepancy between the Italian version and any of the other language versions of these regulations, the Italian version shall prevail.

RACE STAFF VEST



ROUTE FLAG



SIGNAL OF DANGER

