

# DOLOMYTHS RUN 22K SKY RACE RULES AND REGULATIONS 2025

## Participation

To take part in the competition, the athlete must be at least 18 years old and possess a valid medical certificate of fitness for competitive sports (B1, B2, B3, B4, B5, B6 – high-intensity cardiovascular activities) at the time of the competition for the following disciplines: track and field, skyrunning, mountaineering, ski mountaineering, cross-country skiing, and cycling. Participation implies the explicit and unconditional acceptance of these regulations in their entirety and acceptance of all instructions addressed to participants by the Organization. Competitors are also required to comply with the traffic laws, especially in sections where the route crosses regular roads, which will NOT be closed to vehicular traffic (e.g., SR48 – Passo Pordoi, SS242 – Località Pian Schiavaneis).

## Route

Start: Canazei (TN), from Piazza Marconi at 8:00 AM on SUNDAY, JULY 20, 2025.

Finish: Canazei (TN), in Piazza Marconi.

The race route covers approximately 22 km (10 km uphill, 12 km downhill) with a 1750m elevation gain on mountain trails, starting and ending in Canazei (1,450 m) and reaching the summit of Piz Boè (3,152 m). The race route will be marked with specific flags. Organization staff will be stationed at the start, finish, and throughout the course to provide assistance as needed. Service personnel will wear high-visibility vests (YELLOW). Each competitor must strictly follow the marked course and comply with the instructions of the service personnel and the signs posted specifically for the race, which also indicate any dangerous sections requiring maximum attention. Outside the marked race route, the Organization does not guarantee the safety of the athletes, as the route takes place in a high mountain environment with all related dangers. In the days leading up to the competition, each athlete is strongly encouraged to inspect the course to assess its suitability for their abilities and experience. The course, classified as EE ("itinerary for experienced hikers"), requires the ability to navigate typical high mountain terrain, following trails, steep or treacherous paths (slopes with rocky or detrital outcrops), and sections with exposed passages not always protected by fixed ropes. Therefore, competitors must strictly adhere to the marked race course, avoiding shortcuts or cutting sections of the route. Straying from the official course will result in disqualification and is done at the competitor's own risk, as no safety measures are guaranteed outside the designated race route. The topographic map of the route, including practical information such as the control points' cut-off times, and the GPS track will be published on the event's website; competitors are encouraged to download and carry them during the race. Along the course, medical assistance points will be available at Passo Pordoi, Forcella Pordoi, Rifugio Boè, Pian de Schiavaneis, and the finish area.

## Mandatory Equipment:

– The race bib (which must not be modified, folded, or cut for any reason) must be worn visibly at all times.

Strèda de Antersies, n. 14 | 38032 Canazei (TN) | P.Iva 01612210227 | [info@dolomythsrun.it](mailto:info@dolomythsrun.it) | [www.dolomythsrun.it](http://www.dolomythsrun.it)

- Windproof jacket.
- Trail shoes with soles in good condition.

The use of poles is allowed except on the Piz Boè pyramid, a section almost entirely equipped with fixed ropes, where they are strictly prohibited. Foldable poles can be placed in your backpack or over your shoulder. For non foldable poles, a pole collection service has been reinstated at Passo Pordoi, with drop-off to the staff at Forcella Pordoi. Poles must be handed over to the race office by 07:30 on Sunday, July 20. Competitors can retrieve them at Passo Pordoi for the ascent of Forcella, and the organization will transport them back to Canazei where they can be collected.

The mandatory equipment will be checked before the start and subsequently at random. Any violations may be penalized with disqualification or a 3-minute time penalty.

## Time Barriers

The maximum time for completing the race is set at 5 hours and 30 minutes. Competitors who exceed the following times will be excluded from the race:

- 2 hours and 30 minutes at the checkpoint at Rifugio Forcella Pordoi.
- 3 hours and 30 minutes at the checkpoint at Rifugio Boè (not Piz Boè – Capanna Fassa, but Rifugio Boè)
- 5 hours and 30 minutes at the finish in Canazei.

Athletes who do not meet these time barriers will be excluded from the competition. In the event of exclusion, the athlete:

- If the delay is due to reasons other than physical indisposition, must return to the valley by retracing the route taken up to that point, and in any case, follow the instructions of the safety personnel.
- If the delay is due to physical and/or health problems, will be taken care of by the Organization, which will ensure they are escorted back to the valley.

At the time barrier, and at any point along the route, the Organization, at the sole discretion of the attending medical staff, may exclude any competitor deemed physically unable to continue the competition, even if they have passed the time barrier.

## Withdrawal

Competitors who withdraw from the race must inform any checkpoint by showing their assigned race bib. If the withdrawal does not require medical intervention, the athlete must return independently along the marked route.

With voluntary withdrawal not due to physical impediment, and upon notifying the staff along the route, the Organization's assistance ceases. The return to the valley for an athlete who has withdrawn from the competition not due to physical issues will occur without any responsibility on the part of the Organization.

Following the competitors, the "sweepers" will complete the entire route, following the last athletes to ensure that, once the event concludes, no participants remain on the course.

## Emergencies

In case of need and for emergencies, in addition to the Organization's personnel present along

the route or at the refreshment points, you can contact the area managers at the following numbers:

- PLONER IVANO ( direttore di gara ) cell. 338 4347375
- DEZULIAN RICCARDO ( guida alpina ) cell. 347 0708670

## Refreshments and Assistance

Along the race route, five refreshment points will be set up:

- Passo Pordoi (drinks only)
- Forcella Pordoi
- Piz Boè
- Rifugio Boè (drinks only)
- Pian Schiavaneis

Athletes can be assisted and refreshed at any point on the race course by their own support teams. Environmental respect rules are also essential, requiring the collection and transport of all used materials from the refreshment points back to the valley, with direct responsibility resting on each race assistant.

At the end of the race, in the finish area, in addition to the final refreshment, there will be massage services and shower facilities. A pasta party will be held at the tent in Parco, Canazei. At Passo Pordoi and Pian Schiavaneis, transfers will be available to bring any withdrawn or excluded athletes back to Canazei.

## Modification or Interruption

The Organization reserves the right, at its sole discretion, to modify the race route, postpone the start, temporarily suspend, or permanently stop the race for all or some competitors if there are situations that could seriously compromise the safety of the athletes or those present along the route (e.g., helicopter rescue operations, rockfalls, or other hazards). The Organization may decide, in case of particularly difficult weather conditions, to modify or suspend the race during its course; in such cases, the ranking will be based on the last checkpoint passed.

## Environmental Policy

The Organization requires all athletes to show the utmost respect for the environment. Competitors are asked not to throw cups, paper, and various types of waste on the ground; appropriate containers are available at the refreshment points. Those who do not comply with these rules will be penalized with a two-minute time penalty. The Organization is not responsible for the loss or theft of materials or personal effects left unattended before, during, or after the race, at the race office, or in the start and finish areas.

## Image Rights

By registering, the athlete expressly authorizes the Organization to use free of charge the images, both still and moving, that portray them during their participation in the competition. The Organization may, therefore, transfer the rights to use these images as provided in this agreement to its institutional and commercial partners. This authorization for the use of the athlete's image is

granted indefinitely and without territorial limits, for use in various promotional and/or advertising publications and videos, made on any type of media.

## Technical Briefing

The race presentation and technical briefing will be held on SATURDAY, JULY 19, 2025, at 6:30 PM in Piazza Marconi, Canazei. In case of bad weather, it will take place at Marmolada theater – cinema, located in via Roma. Before the race starts, speakers will also provide information and updates on the course conditions and weather at higher altitudes.

## Awards

The top ten overall male and the top ten overall female finishers will be awarded on SUNDAY, JULY 20, 2025, at 2:30 PM in Piazza Marconi, Canazei. No awards will be given to those not present at the ceremony. There are no age category awards. For further information or other needs, please contact the Organization at the race office.

## Registration Fees

Registrations must be made exclusively online with payment by credit card through the link on the official race website [www.dolomythsrun.it](http://www.dolomythsrun.it).

Registrations will close on THURSDAY, JULY 10, 2025, or upon reaching the maximum number of participants. The Organization reserves the right to increase the maximum number of participants or to assign wild cards exceeding the maximum number of athletes at its sole discretion.

The registration fee is €70.00 (seventy/00) and includes:

- Participation in the race and assistance
- Race bib and refreshments along the route and at the end of the race
- Pole transport service to Passo Pordoi and return from Forcella
- Massage service
- Shower service
- Downloadable diploma from the website: [www.dolomythsrun.it](http://www.dolomythsrun.it)
- Race pack and finisher gadgets
- Prize draw

The maximum number of competitors is set at 800. Registrations must be made exclusively online with payment by credit card through the link on the website: [www.dolomythsrun.it](http://www.dolomythsrun.it). Registrations will close on SUNDAY, JULY 14, 2024, or upon reaching the maximum number of participants. The Organization also reserves the right to increase the maximum number of participants or to assign wild cards exceeding the maximum number of athletes at its sole discretion.

## Registration Fee Refund

In case of withdrawal from participation after regular registration, cancellation of the event due to force majeure and/or legal provisions by the competent authorities, or for any other reason:

- No refund of the registration fee will be provided under any circumstances.
- Bib transfers from one competitor to another are not allowed.
- Registration transfer to the following edition is not allowed.

In the event of cancellation due to force majeure or legal provisions and/or by competent

authorities, the Organization, at its sole discretion, may decide on a possible partial refund. If the maximum number of participants is reached well in advance of the registration deadline, the Organization, at its sole discretion, may establish a waiting list for any withdrawals.

## Complaints

Any complaints must be submitted to the Organization in writing at the following address: info@dolomythsrun.it or by registered mail to Strèda de Antersies n. 14 – 38032 Canazei (TN).

## Info and Contacts

Address: Strèda de Antersies, n. 14 – 38032 Canazei (TN)

Website: [www.dolomythsrun.it](http://www.dolomythsrun.it)

Facebook: dolomythsrun – Instagram: dolomythsrun

E-mail: info@dolomythsrun.it

The original version of this document is in Italian. In case of any inconsistency or discrepancy between the Italian version and any other language versions of this regulation, the Italian version will prevail.

### RACE PERSONNEL VEST



### COURSE MARKER FLAG



### DANGER SIGNAL

