

DOLOMYTHS RUN 10K TRAIL RULES 2025

Participation

In order to take part in the competition, the athlete must be at least 18 years old, and must possess medical certificate of fitness for competitive sports (B1, B2, B3, B4, B5, B6 - cardiovascular intensive activity) valid at the time of the competition for the following disciplines: athletics, skyrunning, mountaineering, ski mountaineering, cross-country skiing and cycling.

There will be a special ranking for young people aged between 18 and 23.

Participation implies express and unreserved acceptance of these rules and regulations in their entirety, and acceptance of all instructions addressed to participants by the Organization. Competitors are also obliged to comply with the Highway Code, particularly in sections where the route crosses ordinary roads, which will NOT be closed to vehicular traffic and will in any case be manned by officials (fire brigade, local police, control officers)

Route

The event will start from the center of Canazei at 6.45 AM (Piaz Marconi), along secondary roads and paths will lead to the villages of Alba and Penia; from here, we will continue on to the locality of Pian Trevisan and follow an old wartime road that, passing through the locality of 'col dal baranchie', will lead to the locality of Lake Fedaia.

Dolomyths Run 12K Trail has a length of approximately 12.00 km for 800 m D+, starting in Piaz Marconi in Canazei (TN) and finishing in loc. Fedaia, in a time limit of 3 hours.

The route will be marked with appropriate flags. At the start, finish and along the entire route

organization personnel will be deployed to whom one can refer in case of need. The personnel

service personnel wear a high-visibility waistcoat (YELLOW). All along the route there will be posts of control and assistance. It is - obligatory to follow the signposted route, under penalty of sanctions or the disqualification. Route requiring the ability to move over difficult or treacherous terrain, tracks or paths (slopes with outcrops rocky or debris), with exposed and/or protected passages with fixed ropes'.

There are no limitations on the acceptance of competitors in relation to their abilities technical, however since the route includes passages at altitude and on the ridge and the conditions can be very difficult (darkness, cold, rain/snow, wind), careful training, a good hiking experience and a real capacity for personal autonomy are indispensable. Before registering, it is therefore strongly recommended to have already participated in other trails in mountain environment.

Competitors must strictly respect the marked race route, avoiding taking shortcuts or cutting sections of the course. Any departure from the marked race route (max. 20 m

from the flags), as well as entailing disqualification from the order of finish, will be at the sole risk of the competitor, given the high mountainous nature of the places concerned. The topographical map of the route, also containing practical information as well as the location of the checkpoint barriers, as well as the GPS track will be published on the website of the event and competitors are invited to take them with them during the rehearsal.

Mandatory equipment

- Bib must be worn visibly for the duration of the race and may not be altered in any way
- Identity document
- Trail rucksack for storing compulsory equipment
- Trail shoes
- Thermal survival tarp min
- Food reserve (bars-gel-etc.)
- Waterproof & windproof jacket
- Mobile phone (enter organization number in case of need, do not mute, do not mask number).

The compulsory equipment will be checked before the start and afterwards on a random basis. Any violations will be sanctioned by disqualification of the competitor.

Optional and recommended equipment

In addition to the above-mentioned compulsory equipment, the organization advises athletes to bring with them:

trekking poles (those who wish to use poles must keep them with them throughout the running time)

- spare clothing in case of bad weather
- sunscreen
- Vaseline or cream for abrasions
- 20€ to be used in the case of consumption at the refuges along the route.

Chronometric barriers

There are no time barriers, so-called 'gates', only a -maximum time set at 03 hours. Those who pass under the finish arch after the maximum time will not be included in the ranking. Athletes will be brought back to Canazei by a shuttle bus provided by the organization.

Abandonment

A competitor who abandons the race must obligatorily communicate this to any control point by showing the bib assigned. In the event that the withdrawal does not involve medical intervention, the athlete must return independently along the marked route by joining the organization's shuttles at the refreshment points, which ensure the return to Canazei only (TN), alerting the officers present at the nearest checkpoint. With voluntary abandonment and not resulting from physical impediment and with

the communication of said abandonment to the employees on the course, all assistance from the organization ceases in any case. The return to the valley of the athlete who has abandoned the competition, not due to any physical problems, will therefore take place without any liability for the organization. At the moment of abandonment of the race the athlete must communicate this to the nearest control post where a release form will be signed and the person in charge will collect the bib and chip/transponder. At the rear of the competitors, the course will be fully completed by the 'track-closing' officials who will follow the last athletes, thus ensuring, when the event is over, the absence of participants still competing on the competition course.

Emergencies

In case of need and emergencies, in addition to the organization's staff present along the route or at the refreshment points, area managers can be contacted at the contact details:

- Diego Salvador +39 347 7203652
- Gianni Rasom +39 335 356605

It is mandatory to have a mobile phone with you so that you can be contacted at any time.

In the race packet, which will be handed out to each athlete, there will be all the indications on who to call and what to do in the event of one's own or another athlete's difficulties, and there will also be a map of the route with the number of the race leader.

Refreshments and assistance

There is only one refreshment point (water only) during the race, at Pian Trevisan (6km).

Athletes may, however, be assisted and refreshments provided at any point along the race routes by their own helpers. The rules of environmental protection are also imperative, which provide for the collection and transport downstream of all materials used for refreshments, with each race assistant being directly responsible for this.

Each athlete must carry the necessary equipment to be self-sufficient from start to finish ; it is

It is prohibited to be accompanied or assisted for part or all of the ride by persons not entered in the competition.

At the end of the race, shower facilities, massages and a pasta party will be available in the finish area marquee set up for the occasion in the Canazei park.

Modification or Discontinuation

The organization reserves the right, at its sole discretion, to modify the routes, postpone the start, temporarily suspend or definitively stop races for all or part of the competitors, if there are situations that could seriously jeopardize the safety of the athletes or people along the route (e.g. helicopter rescue operations, rock falls, etc.). The organizers may decide, in the event of particularly difficult weather conditions, to

suspend the race during its running: in this case, the classification will be based on the passages made at the last control.

Environmental policy

The organization asks all athletes to respect the environment. Competitors are asked not to throw glasses, paper and waste of various kinds on the ground, for which there are special containers at the refreshment posts. Those who do not respect these provisions will be given a two-minute penalty. The organization is not liable for the loss/stolen material or personal effects left unattended before, during and after the race, at the race office or in the start and finish areas.

Image right

By registering, the athlete expressly authorizes the organization to use free of charge any still and/or moving images of him/her during his/her participation in the competition in question. The organization may therefore assign to its institutional and commercial partners the rights to use the image provided for in this agreement. This authorization for the use of its image shall be understood to be granted for an indefinite period and without territorial limits, for use in publications and various promotional and/or advertising films made on all types of media.

Awards

The presentation and technical briefing of the race will be held on FRIDAY 11 JULY 2025 at 18.30 in Piazz Marconi in Canazei. Further information on the route situation will be given in the moments before the start.

Prizes will be awarded to the first five male and first five female overall finishers women. A special category will be drawn up for the first five men and the first five women aged between 18 and 23 years tasks within the date of the competition. The prize-giving ceremony will be held on SATURDAY 20 JULY 2025 starting at 6.30 p.m. in Piazz Marconi in Canazei. For non-present at the prize-giving ceremony, no prizes will be awarded.

For further information or any other requirements, please contact the organization at the competition office.

Entry fees

The registration fee for the race is € 35.00 (thirty-five) until 30/06/2025 and € 40.00 (€ forty) after 01/07/2025. You can also register on race day at the race office of Canazei at the start.

The registration payment includes what is described in these regulations, the rescue, refreshments at the refreshment stations, race package, shower service, massages and pasta party at the end of the race.

The return transport to Canazei from Passo Fedaiia.

Registrations must be made exclusively online with payment by credit card via the appropriate link on the official competition website www.dolomythsrun.it.

Registrations will close on 3 JULY 2025.

The organization also reserves the right to increase the maximum number of entrants or to allocate wild cards even in excess of the maximum number of athletes admitted exclusively discretion.

The bib delivery will take place exclusively in Canazei (TN) at the council hall of the municipality

in Canazei from 10.00 a.m. until 7.00 p.m. on FRIDAY 11 JULY 2025 and on race day SATURDAY 12 JULY 2025 from 05.30 a.m. until 6.30 a.m.

Refund of registration fees

In the event of withdrawal from participation after regular registration, or for any other reason:

- there is no refund of the registration fee under any circumstances,
- there is no transfer of bib numbers from one competitor to another,
- there is no postponement of registration to the next edition.

In the event of cancellation for reasons of force majeure or due to provisions of law and/or the competent authorities, it is in any case at the sole discretion of the organization to provide a partial refund. Should the maximum number of entrants be reached well in advance of the closing date for entries, it is at the sole discretion of the organization to set up a waiting list for possible cancellations.

Complaints

Any complaints must be made to the organization in writing to the following address: info@dolomythsrun.it or by registered mail to Stréda de Antersies n. 14 - 38032 Canazei (TN).

Info and contacts

Address: Stréda de Antersies, n. 14 - 38032 Canazei (TN)

Website: www.dolomythsrun.it - Facebook: dolomythsrun - Instagram: dolomythsrun

E-mail: info@dolomythsrun.it

The original version of this document is in Italian. In the event of any inconsistency or discrepancy between the Italian version and any of the other language versions of these regulations, the Italian version shall prevail.



12K
SALOMON

RACE STAFF VEST

ROUTE FLAG

SIGNAL OF DANGER



Strèda de Antersies, n. 14 | 38032 Canazei (TN) | P.Iva 01612210227 | info@dolomythsrun.it | www.dolomythsrun.it

